



Patient Instructions for Vein Treatment

Pre-Treatment Instructions:

1. Squeaky clean skin
2. Please shave prior to appointment
3. **NO FRESHLY TANNED SKIN!!**
4. No topical anesthetic as this may change vessel dynamics

Post-Treatment Instructions:

1. Apply cool compresses
2. May apply aloe to keep area moist
3. Sun block of 30 SPF or more
4. No exercising or strenuous activity that leads to “flushing” for a few days
5. No red wine- vasodilation
6. Encourage compression or support hose for several days